## **VIVEK YOUTH CLUB REPORT**

## Faculty In charge:

## Dr. Thanga Durai & Prof. Manoj Heda

## **Vivekanand Punyatithi**



On 4<sup>th</sup> July 2023, the Vivek Youth Club organized an event to commemorate Swami Vivekananda's death anniversary at the School Quadrangle, Vivek College of Commerce. The event started with a prayer led by the Yuvians, creating a solemn atmosphere. Dr. Suresh Nair, the former Principal of Vivek Junior College, was the Chief Guest. He delivered an insightful speech on Swami Vivekananda's life, writings, and philosophy, emphasizing their impact on Indian youth.

## **Orientation Program**



On 25<sup>th</sup> July 2023, the Vivek Youth Club held an orientation program in Room No. 11 of Vivek College of Commerce to welcome new members for the academic year 2023-2024. The session began with a prayer, followed by Professor Thanga Durai's introduction to the club's objectives and previous year's projects. Professor Manoj Heda outlined the club's rules and provided insights into Vivekananda Kendra. Student President Sudalaimani Konar introduced both outgoing and incoming core committee members. He presented a PPT showcasing past events and upcoming activities and shared his experiences, encouraging new members to participate actively.

#### **PAN Card Camp**

In collaboration with UTI Technology Ltd, the Vivek Youth Club organized a two-day PAN card camp on August 9th and 10th, 2023, at the Boys Gymkhana, Vivek College of Commerce. The camp aimed to facilitate PAN card applications for students and the general public. Around 75 people applied for PAN cards.



## **Youth Empowerment Program**



On 26<sup>th</sup> August 2023, the Vivek Youth Club, in collaboration with Vivekananda Kendra Kanyakumari, hosted a Youth Empowerment Program at the School Quadrangle, Vivek College of Commerce. The program began with a warm welcome and a serene prayer session. The event featured inspirational talks, uplifting songs, and a presentation on Swami Vivekananda's teachings, motivating participants to strive for excellence. Participants engaged in Surya Namaskar and interactive games that emphasized teamwork. Group discussions on current affairs provided a platform for insightful exchanges. The initiative by Vivekananda Kendra underscored their commitment to youth development.

## **Yoga Session**



From 19 August to 21 October 2023, the Vivek Youth Club held yoga sessions every Wednesday from 7 to 9 a.m. at the Boys Gymkhana, Vivek College of Commerce. The sessions aimed to promote physical and mental well-being among the youth. Five enthusiastic members participated actively, learning new and creative yoga exercises that improved their flexibility, strength, and overall fitness.

## G20-Y20 Program



On 2<sup>nd</sup> September 2023, the Vivek Youth Club organized an insightful session titled "G20-Y20" at the Auditorium, Vivek College of Commerce. The event aimed to provide profound insights into global and youth-centric issues, aligning with the G20's priorities. The session began with the traditional lighting of the lamp, symbolizing the enlightenment of knowledge. Guest speaker Ms. Smitha Puranik delivered an engaging talk, highlighting key challenges and opportunities for youth in the current global scenario. Her interactive session encouraged participants to think critically and engage in discussions about shaping a better future. The event attracted a diverse audience, fostering dialogue and networking among participants.

## **Ganpati Visarjan Crowd & Traffic Management**



On 23rd September 2023, the Vivek Youth Club was crucial in managing the crowd and traffic during the Ganpati Visarjan event at Bangur Nagar, Goregaon West. A team of 20 dedicated volunteers collaborated with the Mumbai Police to ensure smooth traffic flow and participants' safety. Volunteers were stationed at critical points to guide vehicles and pedestrians, maintain order, and provide a seamless immersion process. Their efforts significantly reduced congestion and ensured the safety of all participants.

#### **Youth Awareness Session**



On 14<sup>th</sup> September 2023, the Vivek Youth Club held a Confidence- and Character-Building session. The session began with a warm welcome and a heartfelt prayer, followed by a presentation on the importance of confidence and character, drawing insights from great leaders. A spiritual activity encouraged introspection and contemplation of values, culminating in singing the National Anthem and a Vote of Thanks. The event highlighted the club's commitment to nurturing the holistic development of youth, equipping them with essential life skills.

## Mega Beach Cleanup Drive



On 29<sup>th</sup> September 2023, the Vivek Youth Club actively participated in a mega beach cleanup drive organized by IDF at Juhu Beach. This large-scale initiative brought together volunteers from various locations to clean the beach and promote environmental consciousness. Club members joined other volunteers, demonstrating a solid commitment to environmental stewardship. Equipped with gloves and bags, they meticulously cleaned the beach, removing litter and waste to restore its natural beauty.

## Youth Leadership Program



On 11<sup>th</sup> November 2023, the Vivek Youth Club organized the Youth Leadership Program in Room No. 11, Vivek College of Commerce. This intercollegiate event aimed to sensitize students about Swami Vivekananda's philosophies, principles, and ideas. The program was held in association with Vivekananda Kendra. The event began with a warm welcome by Ms. Pooja Gupta and a prayer led by Ms. Alka Kulkarni. Participants engaged in games, songs, and exercises, including Surya Namaskar. Guest speaker Mr. Mandar Gogate shared inspiring stories of Swami Vivekananda's life, emphasizing his teachings and their relevance to youth. The program also included group discussions, presentations, and interactive sessions, fostering a deeper understanding of Swami Vivekananda's contributions. The Youth Leadership Program successfully motivated students to become good citizens and contribute to India's development. The event concluded with a Vote of Thanks by Ms. Pooja Gupta, leaving participants inspired and equipped with valuable life lessons.

#### **Youth Spiritual Session**



The Youth Spiritual Session, held on 2<sup>nd</sup> December 2023, was a one-hour event organized by the Vivek Youth Club at the Auditorium, Vivek College of Commerce. The session aimed to empower young individuals by imparting the teachings of Swami Vivekananda. Mr. Prakash Kadrekar served as the guest speaker, emphasizing Swami Vivekananda's unity, purity, and perseverance principles. He highlighted the importance of courage and goal-setting for youth, emphasizing ethics as a fundamental aspect of good citizenship. Representatives from Vivekananda Kendra also shared insights about a four-day youth development shibir, encouraging youth to participate in activities promoting personal and societal growth. The session aimed to instill Swami Vivekananda's values in the younger generation, inspiring them to lead fulfilling lives and contribute positively to society.





The Youth Development Shibir, held from 27<sup>th</sup> to 30<sup>th</sup> December 2023 at Uttan Village, Bhayandar, was organized by Vivekananda Kendra Kanyakumari. This transformative event aimed at instilling leadership qualities and teaching participants how to face challenges in youth life. The shibir, a 4-day residential camp, included activities like prayers, exercises, Surya Namaskar, games, and group discussions, all designed to engage and inspire the youth. Participants, including 16 members from Vivek Youth Club, interacted with personalities from different fields, gaining valuable insights and motivation. Highlights

included a play on patriotism, daily Bhajan Sandhya sessions, and the absence of mobile phones to encourage immersive experiences. The shibir provided a platform for participants to enhance their leadership skills, improve decision-making abilities, and develop a deeper understanding of teamwork and collaboration. It was a resounding success with a lasting impact on all who attended.

## BK Sister Shivani Event (21st January 2024):





The Vivek Youth Club attended an enlightening event featuring BK Sister Shivani on 21<sup>st</sup> January 2024 at Bangur Nagar, Goregaon West. BK Sister Shivani's talk focused on celebrating differences, emphasizing the importance of embracing and appreciating individual diversity. She highlighted that differences in opinions, beliefs, and backgrounds should be seen as opportunities for growth and learning rather than sources of division. Her session encouraged attendees to cultivate empathy, understanding, and respect toward others, irrespective of their differences.

#### **PCGT Annual Event:**

The PCGT annual event, held on 8<sup>th</sup> February 2024 at Shri Shanmukhananda Chandrasekharan Hall, Mahim, was attended by the Vivek Youth Club. The event, themed "Youth: One Word, One Future," focused on youth development and empowerment. Distinguished speakers, Mr. Rahul Bose and Mr. Vivek Phansalkar were present. Mr. Bose shared his inspiring journey, emphasizing the importance of accepting challenges and striving for excellence. Mr. Phansalkar's address focused on adhering to rules, regulations, and ethical practices in life. The event also featured a captivating dance performance, adding vibrancy and entertainment. The youth members of Vivek Youth Club actively participated, gaining valuable insights and experiences. The PCGT annual event was a great



success, providing a platform for youth to learn, grow, and network. Vivek Youth Club extends its gratitude to PCGT for organizing such a meaningful and impactful event and looks forward to participating in future endeavors aimed at youth development.

## Youth Leadership Camp -Feedback Session:

The Youth Development Shibir organized by Vivekananda Kendra Kanyakumari was a transformative experience for the members of the Vivek Youth Club. The shibir, held at Uttan village, Bhayandar, focused on developing leadership qualities and imparting valuable life skills to the youth. Following the conclusion of the shibir, a feedback session was conducted to gather insights and experiences from the participants. Participants shared that the shibir provided a unique platform to enhance their leadership skills, improve their decision-making abilities, and develop a deeper understanding of teamwork and collaboration. Many attendees highlighted that the shibir helped them discover their potential and inspired them to set higher goals for themselves and strive for excellence in their endeavors. Furthermore, the shibir provided a platform for participants to interact with individuals from diverse backgrounds, enabling them to broaden their perspectives and gain a deeper appreciation for cultural diversity.





## Voter ID Camp:



The Students' Council, in association with Vivek Youth Club, organized a "VOTERS ID CAMP" to facilitate the registration of new voters. The camp encouraged eligible students to apply for voter ID cards and participate in the democratic process. The officials from the election office were present to collect the applications and guide the students through the process. Overall, the Voters ID Camp organized by the Sudents' Council and Vivek Youth Club successfully promoted voter registration and encouraged students to exercise their democratic right to vote.

## Youth Fitness & Well-being:



The Vivek Youth Club members participated in a special event at Valia College to promote physical well-being and holistic development among the youth. The session, held from 8 to 9 am daily, focused on teaching Surya namaskar and other exercises. Two dedicated

members from Vivek Youth Club, along with Ms. Alka Kulkarni, successfully imparted the benefits and techniques of Surya Namaskar to 26 students from Valia College. The event provided an enriching experience for the students, who not only learned the importance of physical fitness but also developed self-confidence and leadership skills.

With a total membership strength of 65, the Vivek Youth Club organized a series of impactful events throughout the academic year, showcasing its commitment to holistic development and community engagement.





# Sudalaimani Thukkamuthu

## Muthulaxmi Yadav (Secretary)

(President)



Pooja Avdhesh Gupta
(Joint- Secretary)



Uroosha Shaikh (Student Co-ordinator-Girl) d



Aanpaulraj Nadar
(Event Co-ordinator-Boy)